

What to expect when you visit our clinic during the COVID-19 pandemic.



We will ask you to confirm that you have not had symptoms of COVID-19 in the previous 24 hours or have not been in contact with someone who has the virus or similar symptoms in the past 14 days.



Please wait in your car until your allocated appointment time to reduce the number of people in the clinic.



We will ask you to sanitise your hands on entering & we will take your temperature. We will ask you a short series of screening questions before gaining your consent to a face to face appointment.



If your temperature is normal we will take you straight into a treatment room. The seating will be arranged to maintain social distancing.



Please bring your own mask or face covering.



Please feel free to bring your own towel to increase your comfort during the session. Please wash it on a hot wash when you get home.



We will be wearing a mask throughout your time in the clinic. We will also wear single use apron and gloves.



At the end of your session we will ask you to wash or sanitise your hands. The room will then be disinfected as will any touched surfaces before the next appointment.



Only contactless card payment or bank transfer can be accepted as payment.

Appointments will be staggered to minimise contact.

Please arrive in good time though you will not be seen early as we will be sticking strictly to times with **NO EXCEPTIONS.** 

If you arrive late we will have to reduce appointment time.

Thank you for your co-operation.